

# **Paleo Diet For Beginners: The Complete Quick Start Guide For Weight Loss And Live Healthier (Paleo Solution, Paleo Diet Plan, Paleo Approach, Paleo For Weight Loss) [Kindle Edition] By Kathy Bennett**

**By Kathy Bennett**

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Page 1 of 34 - Athena's Reading List 2013 - posted in Past Book Logs: Ive never kept a reading list like some of the other topics here, but I thought Id give it a go!